

Syllabus:

Year 1

1 Maternal Anatomy

2 Maternal Physiology.

3 Ayurveda perspective towards gynecological disorders.

4 Yoni vyapt and Ayurvedic Treatments.

Vataja Yoni Roga

Pittaja Yoni Roga

Kaphaja Yoni Roga

Sannipataja Yoni Roga

Rakta Yoni

Arajaska Yoni Vyapat

Acharana Yoniroga

Aticharana Yonivyapat

Prakcharana Yoniroga

Upapluta Yoniroga

Paripluta Yoniroga

Udavartini Yoniroga

Karnini Yoni Roga

Putraghni Yoniroga

Antarmukhi Yoni Roga

Soochimukhi Yoniroga

Shushka Yoni Roga

Vamini Yoni Roga

Maha Yoni

Shandi Yoni Roga

5 Ayurvedic Treatments for Various Disease.

Irregular menstruation

Dysmenorrhea.

Cervix diseases

Endometriosis

Vaginal Vault Prolapse

Diseases in Vulva

Ayurveda perspective towards gynecological disorders.

Importance of Ayurveda Lifestyle.

Detail case taking according to Ayurveda.

Importance of Ayurveda Lifestyle.

Diagnosis (Nidan) ,samprapti,

Successful treatment for gynecological disorders such as PCOD, Ovarian cyst, Fibroid etc...

6 Complete Study about Infertility

Concept of 'Vandyatwa' in Ayurveda

Introduction - Male and Female infertility

Investigation and Examination in Female Infertility

Ovarian factors and Female Infertility

Repeated Pregnancy loss and TORCH infections

Endometrial factors interrupting Fertility.

Congenital Uterine Anomalies

Anatomical Anomalies with advanced Management Options
(Tubal Blockage, TB Endometrium, AUB) Habitual abortions,
tubal blockages, Low AMH, Donor egg, recurrent IUI and IVF
Failure, etc.

Investigation and Examination in Male Infertility

Male infertility Management-

Oligospermia, Asthenospermia, Teratospermia, Azoospermia)

Erectile Dysfunction, Retrograde Ejaculation, Premature
Ejaculation

Sexual Dysfunctions and Infertility

Recent Modern Advancement in Infertility Management

Shamana Chikitsa

Shamana Chikitsa Rasayana in Clinical Practice

Diet, life style, Pathyapathya in Infertility Management

Role of Panchakarma in Vandyatwa and Sthanika chikitsa

Role of Vajeeekarana in Male infertility

Clinical experience sharing and case discussions - 2 classes

7 Complete knowledge about Garbhasanskar
Psychological Counseling For couples in Beeja sanskar & Garbhasanskar
Clinical importance of Rajaswala charya.
Beja Suddhi (Preconception) for couples Beejasansker
Life style Modifications for Beeja suddhi for couples Sutika paricharya
Garbhini charya & mausanumasik chikitsain
First three month Part 1
Second three month -Part 2
Last three month – part 3
Management of complications during Pregnancy.
Like high b.p, stress, constipation, vomiting,etc Yoga in Garbhasanskar
Diet according to mausanumasik vridhi of fetus. According to different Acharya's.
Garbhini charya & mausanumasik chikitsa Prasava periphery & Sukha Prasav.
Role of Panchakarma in Preconceptional stage (Beeja Shudhi).
Music Therapy in Garbhasanskar.
Role of Yoga in Garbhasanskar, mausanumasik yoga practice for fetus and mother health.
Music Therapy in Garbhasanskar

8 Complete knowledge about punasvan samskar.
Exploring the Concept of Pumsavana for Pre-Conception.
Processure.

Recurrent Pregnancy loss - An Ayurveda Perspective.
Practical

Role of Panchakarma in Gynecological problems.

9 Procedure and Local Treatments Gynecological Problems & Prectical

YONI DHAVANA

YONI AVACHURNAN

YONI DHOOPANA

YONI PICHU

YONI POTTALI

YONI VARTI

AGNI KARMA

KSHAR KARMA

Clinical UTTAR BASTI for both Male Female

10 Male Factor - Infertility

11 Clinical Prespective - Anatomy & function of Male Reproductive Organs

12 Evaluation of the male infertility patient

Basic Investigation

seman Analysis

How to interprete semen alalysis , sperm Morphological eveuation?

What are the factor need to be investigation

other labortory & non labortory invetigation

Ayurveda Beej Parikshana

13.Case Taking & patient counseling

14.Diffrent semen Abnormalties Aspermia

Azoospermia

Asthenozooapermia

Teratpzoospermia

Oilgozasthenoterato zoospermia

Pyospermia

Leukocytospermia

Necrozoospermia

Genetic Morbities and others